

AGN. NO. _____

**MOTION BY SUPERVISORS MARK RIDLEY-THOMAS
AND DON KNABE**

AUGUST 4, 2009

Postpartum Mood and Anxiety Disorder Awareness Month

Each year in Los Angeles County over 150,000 babies are born and therefore maternal health and, more specifically, the mental health of women before, during, and after pregnancy is an issue of great concern. Maternal depression or other perinatal mood and anxiety disorders are serious and debilitating disorders that affect between 10 and 20 percent of new mothers. Mental illness related to childbearing is often overlooked and heavily stigmatized. In many cases, women are not adequately informed or screened for this disorder, nor are they treated for postpartum mood and anxiety disorders.

The Los Angeles County Perinatal Mental Health Taskforce was formed in 2007 dedicated to raising awareness and removing stigmas associated with perinatal mood disorders; providing access to screening, effective treatment, and coordinated care for perinatal mood disorders and training health professionals.

The Los Angeles County Perinatal Mental Health Taskforce has partnered with

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MOTION

MOLINA _____

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Postpartum Support International (PSI) to host the PSI Annual Conference in Los Angeles from August 4th through August 7th, 2009 to bring awareness to perinatal mood disorders.

WE, THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:

1. Proclaim the month of August 2009 as Postpartum Mood and Anxiety Disorder Awareness month in the County of Los Angeles; and
2. Recognize the Los Angeles County Perinatal Mental Health Task Force as a regional resource for excellence in the prevention, early identification, and intervention for perinatal mood and anxiety disorders in Los Angeles County.

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